

**Note from Ed Gelb. I want to thank Bob Matthews for his starter list. I have incorporated my list to his basic list of items.**

**Bob's list is black and my additions are in TEAL.**

**Gear list for field track on foot .. not exceed 8-9 lbs. total.**

1. Fanny Pack
- Good **waterproof** boots with ankle support (**8" Boots are good**)
2. Two pairs of socks
- 3. Clothing according to time of year and your environment. I will say this many times .. NO CAMOUFLAGE CLOTHING. RED or ORANGE CLOTHES PLEASE. [I will tell you a story about one chase for a small child whose parents dressed the child in the latest fad .. CAMOUFLAGE .. Two tracking teams MISSED the unconscious child because they COULD NOT SEE HIM. Fortunately we did not.**
- 4. Best clothing materials are: Gore-Tex (unless you are in a hostile situation as Gore-Tex makes noise), termmax, polypropylene or polar fleece.**
- 5. Worst clothing materials are: cotton, cotton, and cotton.**
- 6. PLEASE NO HELMET LIGHTS, AS THEY WILL MESS UP YOUR NIGHT VISION. LEAVE THEM HOME.**
7. Poncho and Poncho liner (**Try two disposable ponchos they are very light.**)
8. **Or two large garbage bags which you can convert into ponchos.**
9. Pencil and not pad
10. **If you are going to record footprints and notes for your Trackers Report .. Yes, a Pad OR a digital camera**
11. Water bottles x3 plastic
12. Survival straw
13. Four breakfast bars
- 14. Two powdered beef or chicken cubes or cocoa. Also a tin that can be opened without an opener. Don't forget that you can start a fire at night and cook in the can.**
15. Shark line **or 50 ft. of parachute line**
16. Cord
- 17.1 GOOD Whistle**
- 18. Take one large and one small tin can (empty) for general purposes, i.e., cook food, make cocoa, etc.**
- 19. Red Crepe Paper**
- 20. Safety Glasses**
- 21. For winter your ready kit should have warm hat and gloves**
- 22. [PLEASE MAKE SURE THAT YOU DO NOT WEAR CAMOUFLAGE COLORS.. STICK TO BRIGHT RED OR BRIGHT ORANGE.]**
23. Swiss army knife .. **Box Cutters are good here**
24. Sheath knife
- 25. Instead of a fire starter, try a lighter and a block of paraffin (canning wax). Cotton is a good tinder.**
- 26. Mosquito Repellent and sun shield (if necessary)**
- 27. Plastic Bags**
- 28. Tweezers**
- 29. Red Glow Sticks which you can purchase at Walmarts for night work.**
- 30. Your Silva or Ranger compass has the mirror you need but you do not have a mirror pack an old CD.**

**31. TOILET PAPER**

- 32.**Compass, topoMap {if possible} **Silva or Rangers .. Two are recommended..**
- 33.**Two mini red strobes
- 34.**Two small flash lights **and spare batteries**
- 35.****For Night Maneuvers make one RED and the Other Green. Inova X5 is a good choice or a N49 Fulton Industries Flashlight with two Red Filters.**
- 36.**Monocular **or Binoculars**
- 37.****In case you have to "Puff Smoke" go to a boating supplier and get some emergency Orange Smoke**
- 38.1** Space Blanket
- 39.1** water proof note pad**If you are tracking on ICE .. Please get yourself a set of YAP cleats to mount on your boots.**
- 40.**First Aid kit
- 41.**Tracking stick, non-metal, leave the ski pole at home, you will probably hurt yourself or someone else. Please see the posting on My Walking Stick.
- 42.**If part of team walkie talkie .. **my field radio has a PTT ear plug if I engage the radio volume.**
- 43.**Cell phone always off except to call.

**The goal is to move quickly quietly, stay out for up to four days, Be aware of where you are and use survival evasion techniques. The situation could always turn hostile.**